

# Approaches to Teamwork Training

Susan Cozzens, Georgia Institute of Technology  
 Wayne T. McCormack, University of Florida  
 Linda Schaffner, William & Mary

**Approaches to Teamwork Training**

Collaborative, interdisciplinary, and cross-cultural research has significantly increased, but often students do not receive sufficient preparation in teamwork skill building. This session will feature examples of developing teamwork skills specifically for graduate students and that draw on the new "Science of Team Science."

Speakers: Susan Cozzens, Professor Emerita, Georgia Institute of Technology  
 Wayne T. McCormack, Distinguished Teaching Scholar & Professor, University of Florida  
 Linda Schaffner, Professor and Associate Dean, Academic Studies, William & Mary

Please answer these questions before the session begins. Thank you.

Please indicate (✓) how strongly you agree or disagree with each of the following statements.	Strongly Disagree (1)	Somewhat Disagree (2)	Neutral (3)	Somewhat Agree (4)	Strongly Agree (5)	
1. I tend to be more productive working on my own research agenda than working as a member of a collaborative research team.						A
2. There is so much work to be done within my field that it is impractical to focus my research efforts with others in my own discipline.						B
3. While working on a research project within my discipline, I sometimes feel it is important to seek the perspective of other disciplines when trying to answer particular parts of my research question.						C
4. Although I rely primarily on knowledge from my primary field of interest, I closely work interactively with colleagues from other disciplines to address a research problem.						D
5. In my own work, I typically incorporate perspectives from disciplinary areas that are different from my own.						E
6. Although I was trained in a particular discipline, I devote much of my time to understanding other disciplines in order to inform my research.						F

Welcome! If you consider yourself to be a researcher, please answer the six questions on a handout before the session begins. (Don't worry about the other side!)



# Teamwork Training for Graduate Students

**Susan E. Cozzens**

**Georgia Institute of Technology**

Council of Graduate Schools, December 6,

2019

We gratefully acknowledge the support of the National Science Foundation under Grant 1735017 under the Innovations in Graduate Education Program.

# Our team

- Susan Cozzens
- Meltem Alemdar
- Angus Wilkinson
- Mary Lynn Realff
- Kata Dósa
- Chris Cappelli





# Outline

- Motivation for the project
  - Science of Team Science
  - Why graduate students?
- The project
  - Graduate student focus groups
  - Scope, focus
  - Settings
  - Assessment
- The modules

# Science of Team Science (SciTS)

- Team science = interdisciplinary collaborative research
  - Often problem driven
  - Brings complementary skills together
  - Integrates knowledge
  - Growing across all disciplines
- SciTS = research on team science
  - What are its dimensions?
  - What are its consequences for quality and careers?
  - What makes it work well or not?
- Field is institutionalizing





## Why graduate students?

- Science of Team Science has not paid specific attention to their roles.
- Distinctive characteristics
  - Power relationship with PI/advisor
  - Many are international, first time in the U.S.
  - Perceived gap in expertise
  - Relationships within the team may be uncharted
  - Rolling team membership

# Listening to graduate experiences

- Advisors/PIs and research groups
- Contributor roles
- Student leadership roles
- Frequently mentioned points of conflict:
  - Authorship
  - Data access
  - Equipment and space sharing



We turned these into scenarios to use in the modules.

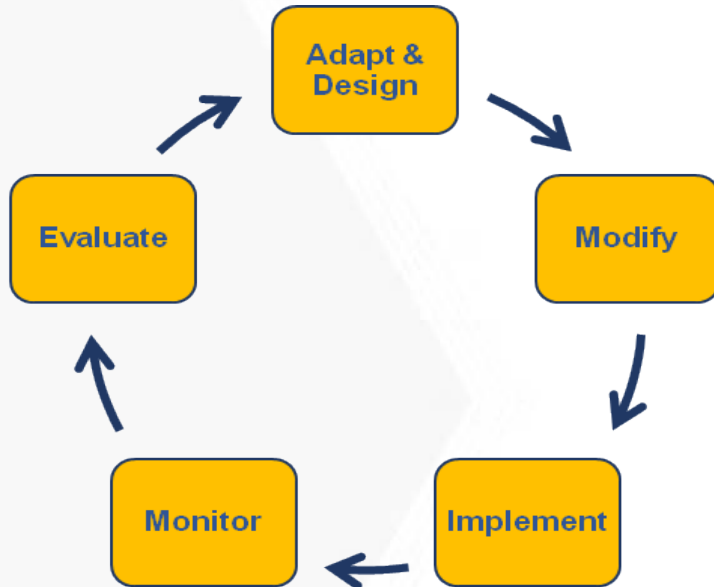
# The NSF-supported project

- Scope: STEM programs
- Focus: Transportable skills
- Settings
  - Workshop
  - Classroom
- Would like to move on to...
  - In situ teams





# Assessment



Curriculum development cycle for team science training materials.

- Pre-Post/Follow Up Graduate Student Surveys
  - Barriers to Team Science
  - Collaboration Readiness
  - Team Competency
  - Feedback/Satisfaction
- Focus Groups

## Main messages:

- **More research, please.**
- **Give us takeaways.**
- **Get us ready to talk to our advisors.**

# Preliminary Results

Have you engaged in the following activities following your participation in the iCOGS team workshop?

Yes No

Conducted research in an interdisciplinary team setting.	85.7%	14.3%
Discussed interdisciplinary research with faculty at Georgia Tech.	85.7%	14.3%
Successfully preserved team relationships when conflicts have arisen.	90.5%	9.5%
Constructed a plan for work on a team that enables team member's to make unique contributions to the team.	81.0%	19.0%
Formulated solutions to communication challenges when they have arisen.	95.2%	4.8%
Constructed a plan to effectively address team conflict.	66.7%	33.3%
Adapted your communication strategy when necessary in a team environment.	100.0%	0%
Constructed a plan that integrates various patterns of behavior to maximize team functioning.	61.9%	38.1%

To what extent do you agree with each of the following statements?



Working with researchers from other disciplines may have a positive influence on my own research.

80.0% 20.0%

I believe that my own expertise can help researchers in other fields improve their work.

61.9% 38.1%

I am able to navigate the environment of working on an interdisciplinary team.

57.1% 42.9%

I understand my own personal weaknesses that may inhibit effective team collaboration.

33.3% 57.1% 4.8% 4.8%

I am comfortable collaborating with researchers in a diverse team environment.

57.1% 42.9%

# Innovation and creativity

By the end of this module, you will be able to...

1. Identify factors that contribute to the growing prevalence and importance of interdisciplinary research teams
2. Describe the ways in which working in a team can either help or hinder idea generation
3. Describe the relationship between collaboration and team productivity over time
4. Acknowledge and identify some challenges researchers experience when working in an interdisciplinary team



# Diversity for better teams

By the end of this module, you will be able to...

1. Reflect on what dimensions of diversity are salient to yourself and others
2. Explain the relationship between team diversity and team performance
3. Reflect on and articulate aspects of your patterns of thought/behavior on teams
4. Construct a plan to integrate all patterns of thought/behavior and maximize team functioning



# Effective communication

- By the end of this module, you will be able to...
- Describe some possible ways communication challenges arise in interdisciplinary teams
- Analyze communication challenges in research teams
- Formulate solutions to communication challenges
- Identify language unique to your discipline that might be misunderstood outside the discipline



# Leveraging and managing conflict

By the end of this module, you will be able to...

1. Choose appropriate conflict management strategies for a given conflictsituation
2. Construct a plan to address a major conflict
3. Preserve working relationships during crucial conversations by employing empathetic listening



# Materials available

- For the four modules
  - Slides
  - Student workbook
    - Includes takeaway tools
  - Facilitator guide
- Would love to collaborate on delivery of the workshop on your campus.
- Contact me to talk about a time to do this.
  - [scozzens@gatech.edu](mailto:scozzens@gatech.edu)



Thank you for your  
attention.

Susan Cozzens  
scozzens@gatech.edu





# Team Science Training for Graduate Education

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Wayne T. McCormack, PhD

Distinguished Teaching Scholar & Professor, UF College of Medicine  
TL1 Principal Investigator, UF Clinical & Translational Science Institute

*mccormac@ufl.edu*



**UF**

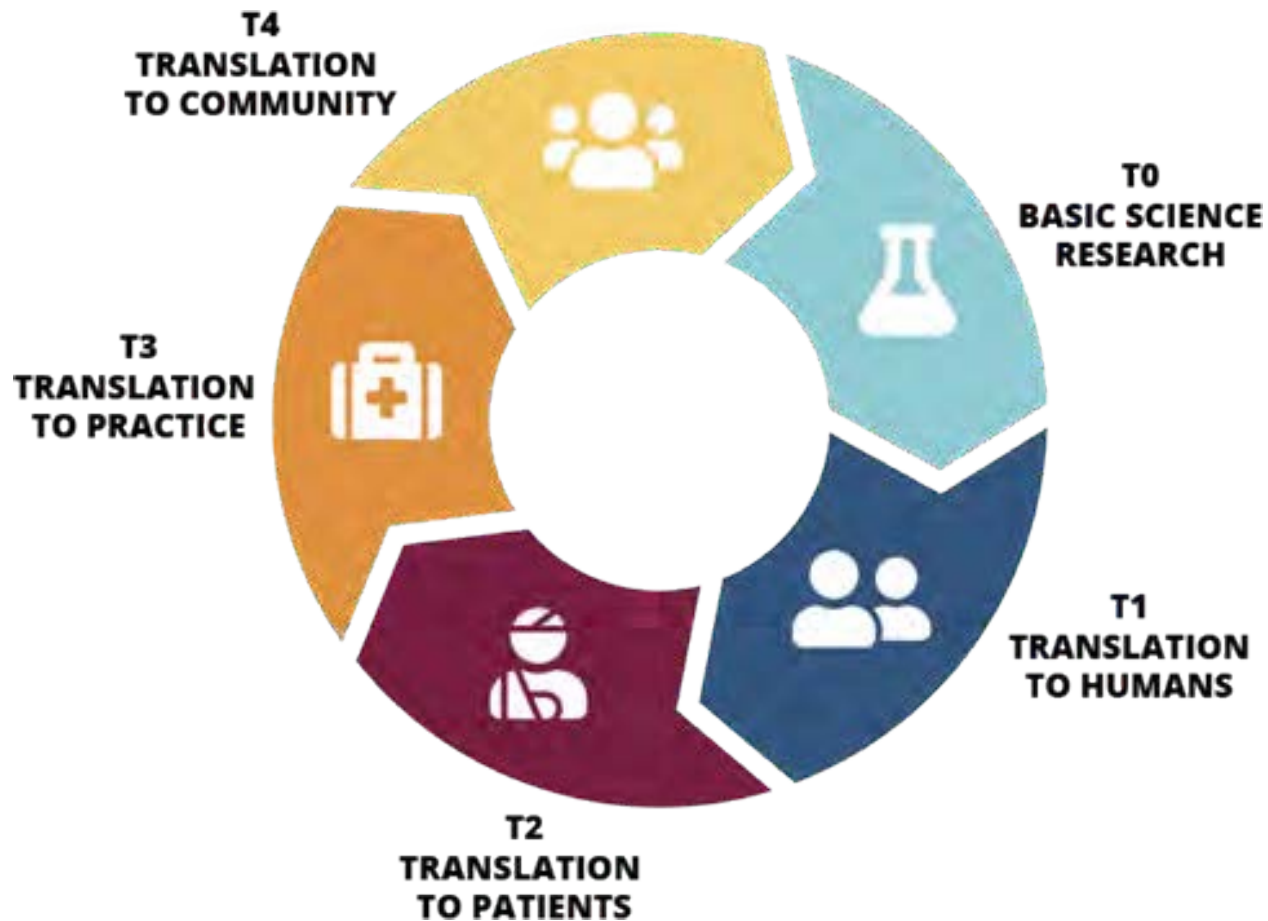
Graduate School  
UNIVERSITY of FLORIDA

**UF**

Clinical and Translational  
Science Institute

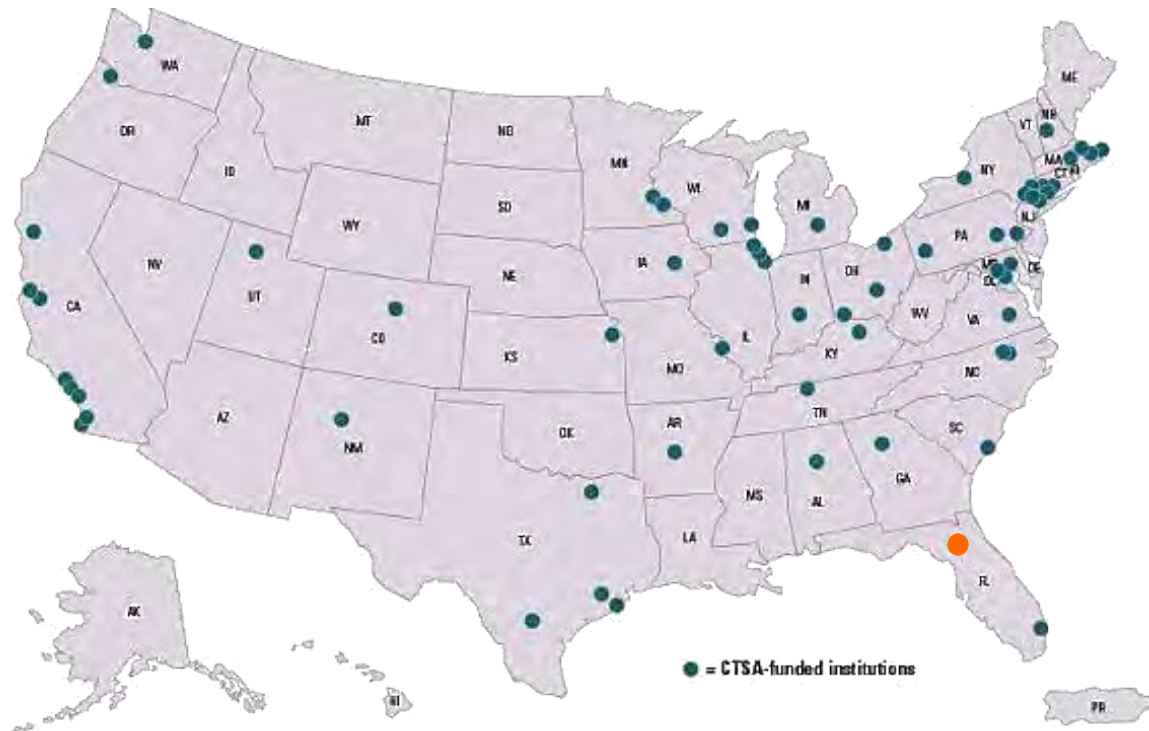
UNIVERSITY of FLORIDA

# Clinical & Translational Science





# CTSA Clinical & Translational<sup>®</sup> Science Awards



TL1 = Institutional training grant (like a T32) linked to CTSA



# Premise

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If We Expect Future Researchers  
To Work in Teams,  
They Should Be Trained  
in Teams

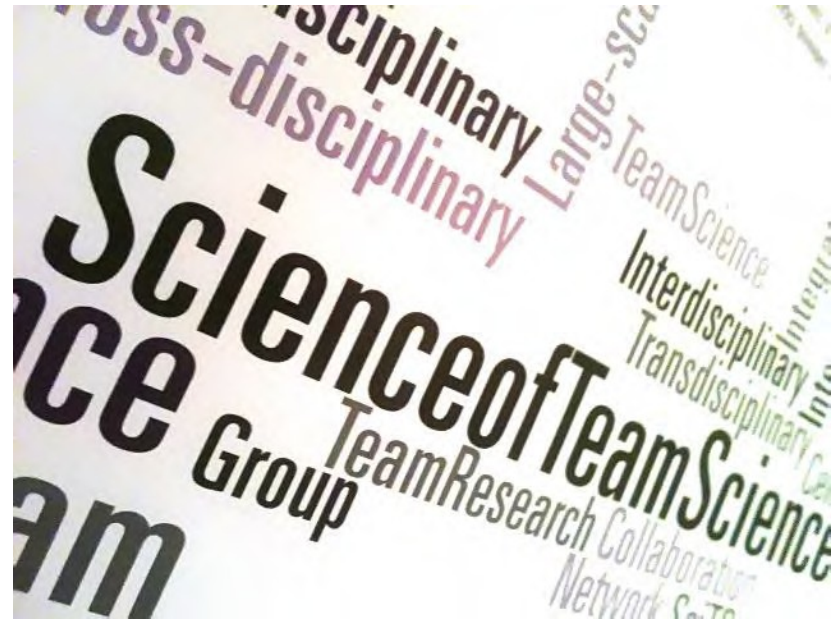
**“TL1 Teams”**

**UF** | Clinical and Translational  
Science Institute  
UNIVERSITY of FLORIDA

*Supported by UF CTSA Awards TL1TR001428 and UL1TR001427*

# How can we best prepare new researchers to USE team science?

- Use the “Science of Team Science” in our training programs
  - We know a *LOT* about how research teams work
- Support for team training
  - Didactic: curriculum
  - Practical: give trainees experience with collaboration



# Clinical & Translational Science PhD Co-Major



## Year 1 – Fall

- Translational Research & Therapeutics: Bench, Bedside, Community, & Policy (3)
- Team Science (1)

## Year 1 – Spring

- Responsible Conduct of Biomedical Research (1)

## Year 2 – Fall

- CTS Journal Club (1)
- CTS Seminar (2)

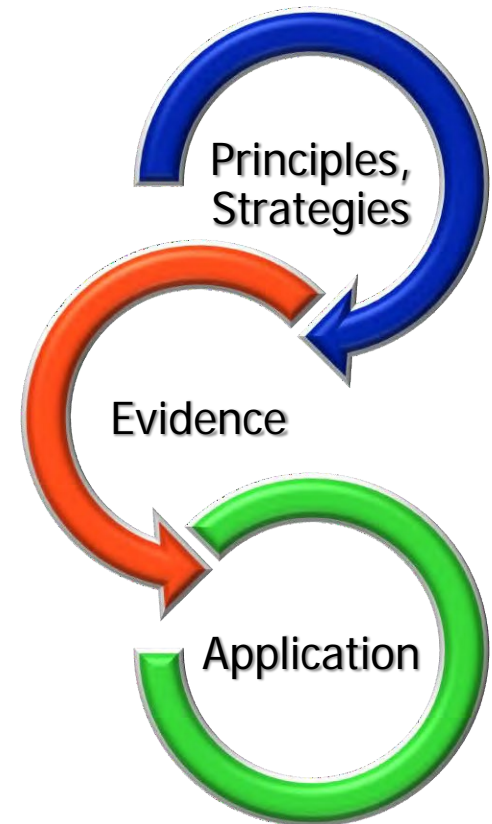
## At any time

Electives (6)  
Experimental Design  
Quantitative Skills  
Professional Development

# *Didactic:*

## Team Science (GMS 6945)

- Intro to Team Science
- Preparing for Team Science
- Team Leadership
- Building a Research Team
- Writing a Collaboration Plan
- Managing Research Teams
- Conflict Management
- Team Monitoring
- Team Evaluation



# *Didactic & Practical:*

## Team Science (GMS 6945)

- Intro to Team Science
- Preparing for Team Science
- Team Leadership
- Building a Research Team
- Writing a Collaboration Plan
- Managing Research Teams
- Conflict Management
- Team Monitoring
- Team Evaluation

Behavioral Self-Assessment (DISC)

Vision/Mission/Values

Collaboration Plan

Authorship Agreement

Team Dimensional Training



# *Practical:*

## TL1 Teams

- Two PhD and/or dual degree students in different PhD programs in different colleges
- Apply before dissertation proposal approved
- TL1 Co-Mentors
- Extent of collaboration
  - Team specific aim(s)
    - ✓ Overcome barrier to progress or expand scope
    - ✓ Synergy between individual projects
    - ✓ Level of interdependence
  - Embed into individual dissertation research projects



# *Practical:*

## TL1 Teams

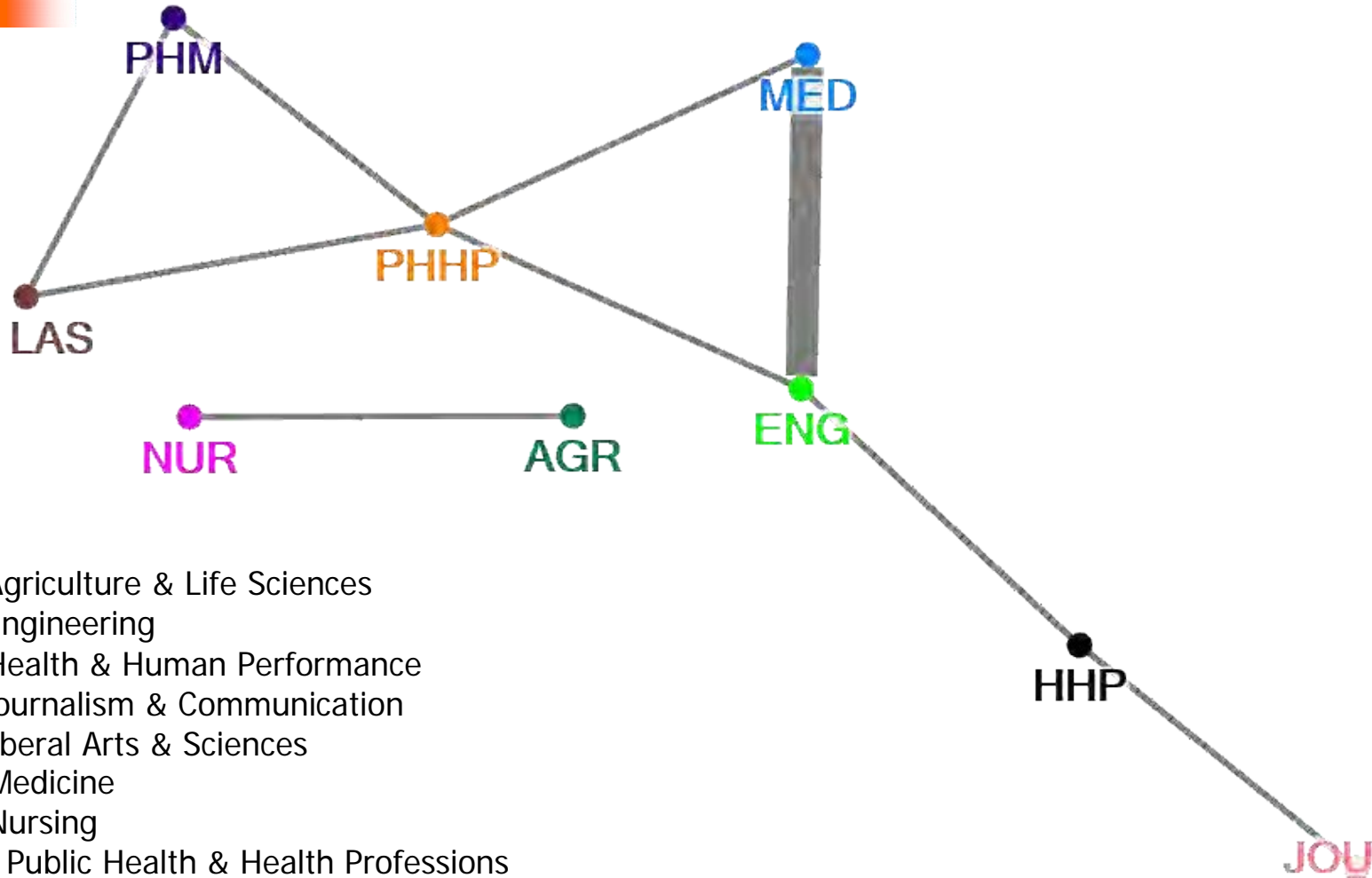
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- Information sessions
- Interest list
- Advice from trainees:
  - Talk to your mentor
- Networking session
  - Elevator speeches
  - Strategic Doing workshop



**FINDING A  
TL1 TEAM  
PARTNER**

# TL1 Team Trainee Home Colleges



- AGR** = Agriculture & Life Sciences
- ENG** = Engineering
- HHP** = Health & Human Performance
- JOU** = Journalism & Communication
- LAS** = Liberal Arts & Sciences
- MED** = Medicine
- NUR** = Nursing
- PHHP** = Public Health & Health Professions
- PHM** = Pharmacy



# Program Assessment

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- Novel metrics
  - Modest gains in cross-disciplinary activities (CDCA) and perspective (ROS)
  - Significant increase in self-efficacy for clinical research (CRAI)
- Items from additional measures focusing on team skills are being tested
- Qualitative
  - Trainees value interdisciplinary interactions for new ways of thinking about experimental design and conduct, new skillsets, and methodological insight



# Team Science Training for Graduate Education



# A Coastal Resilience Challenge as a Framework for Graduate Student Team Science Training

CGS Winter Meeting  
December 6, 2019



# Project Leadership

**Troy Hartley**, PI, Virginia Sea Grant (Collaborative Governance in Marine Resource Management, Marine Policy, Professional Development for Graduate and Post-Graduate Students)

**Linda Schaffner**, Co-PI, Virginia Institute of Marine Science, William & Mary School of Marine Science (Marine Science, Graduate Education and Student Professional Development)

**Karen McGlathery**, Co-PI, University of Virginia (Marine Science, Environmental Change and Resilience)

**Deborah DiazGranados**, Co-Investigator, Virginia Commonwealth University (Organizational Science, Science of Team Science)

**Steve Fiore**, Co-investigator, University of Central Florida (Cognitive Science, Science of Team Science)

**NSF NRT-IGE 1735301 Team Science Training for Coastal Ocean & Estuarine STEM Graduate Students**

# Grand Challenges of the Coastal Zone: How do we prepare today's graduate students to address them?



Source: Inside Climate News



Source: Google Earth



Source: NASA



Source: NOAA



Source: VIMS



Addressing today's grand societal challenges [of the coastal zone] demands research and problem-solving that produces integrated breakthroughs and solutions that transcend individual disciplines.

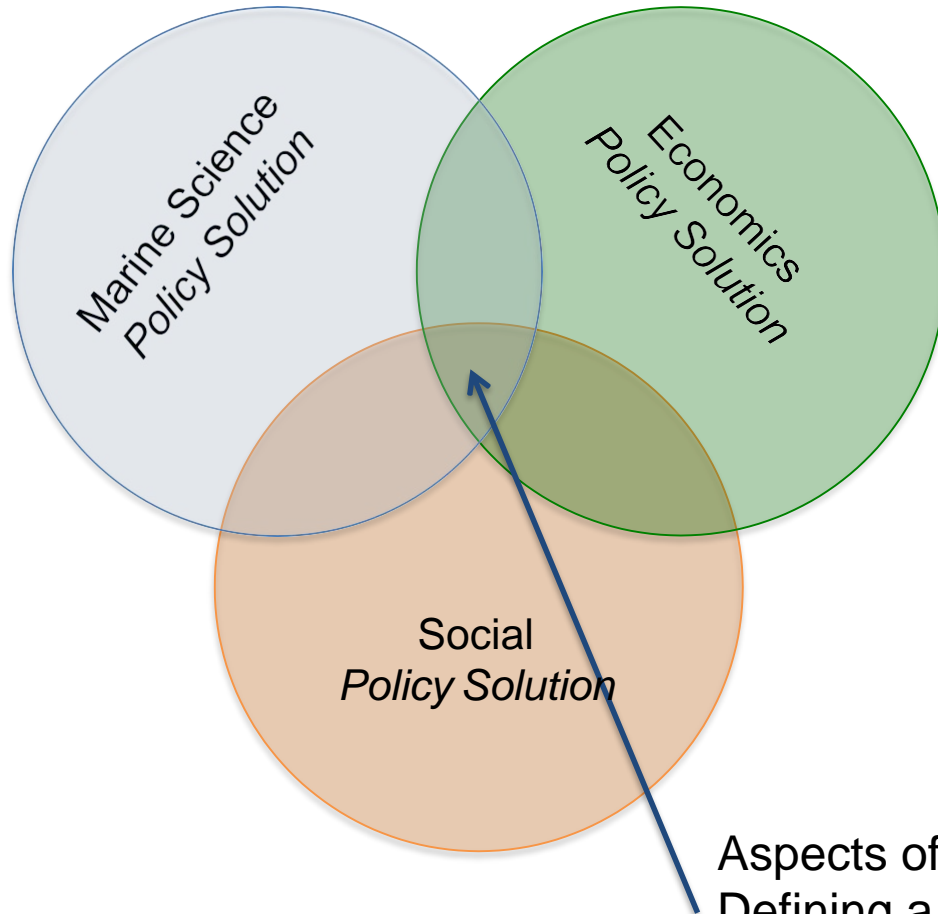
*New kinds of intellectual partnerships are needed (Schaffner et al. 2016)*

*...collaboration and communication skills are needed to pursue truly transformative science (Ciannelli et al. 2014)*



**Deeper levels of knowledge integration are needed**

# Levels of Knowledge Integration

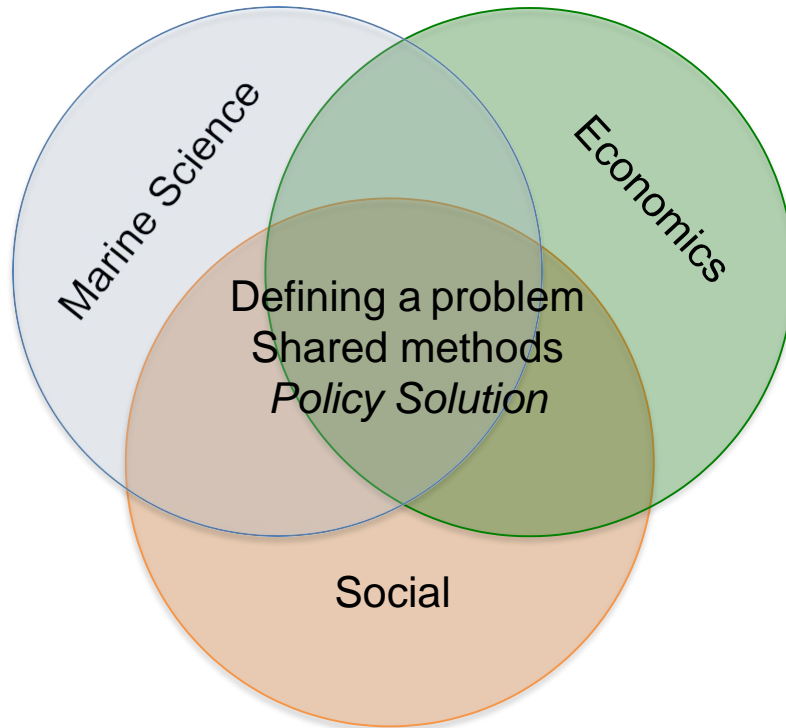


**Multidisciplinary** - each discipline makes a separate, but additive contribution

**Interdisciplinary** – methods, data and perspectives from two or more disciplines are somewhat integrated

Aspects of knowledge integration:  
Defining a problem  
Shared methods

# Levels of Knowledge Integration



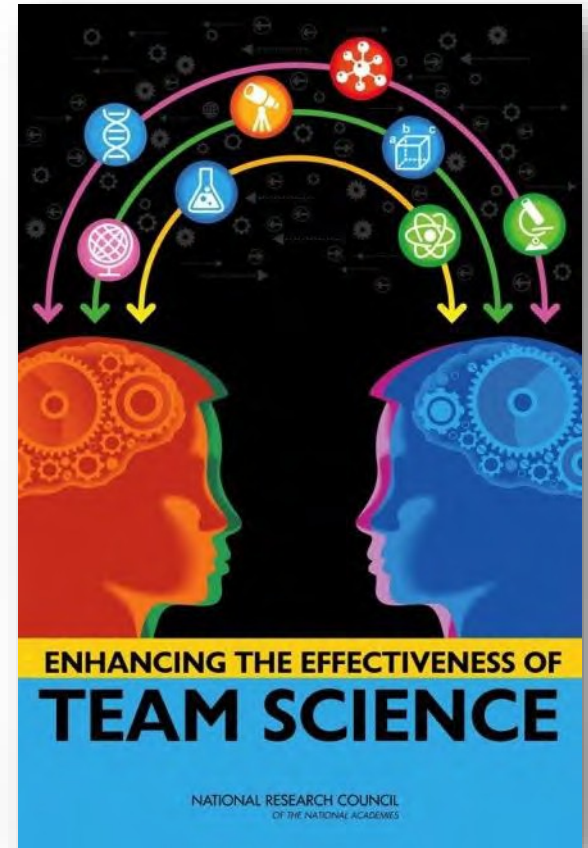
**Transdisciplinary** – teams transcend disciplinary boundaries, generate novel frameworks, theories, hypotheses, models and shared policy solutions

*Collaborative intelligence, collective genius (Fiore 2013)*

# Project Goals

**Design and test a team science professional development training program, following SciTS recommendations for increasing team effectiveness:**

- **introduce students to the science of team science, particularly the inter- and intrapersonal competencies needed for effective teamwork**
- **provide opportunities for students to develop and improve self-reflective and team-reflective practices and adaptive capabilities**
- **use real-world (authentic) resilience\* challenges to motivate engagement and provide experience with process of knowledge integration**



# Training Approach

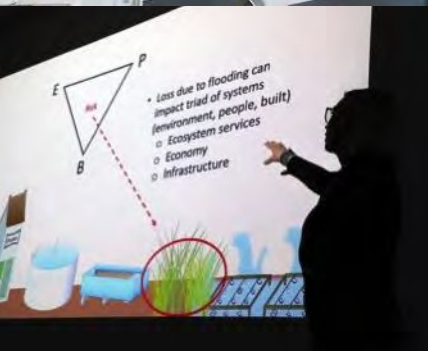
Assemble diverse teams of graduate students and assign each a resilience case study “challenge”

Workshops (2), assignments, coaching and feedback to support:

- Mastery of basic team science concepts and ongoing development of self-reflective and team-reflective practices for better communication and collaboration
- Enhanced appreciation of the factors that facilitate deeper knowledge integration; through the development of a shared conceptual framework and a trans-disciplinary proposal addressing the resilience challenge

Team deliverables - final presentation, integrated proposal

marine science &  
policy *environmental*  
*engineering* physical  
oceanography  
landscape architecture  
marine ecology  
urban & environmental  
planning *public*  
*administration & policy*  
marine geology &  
geosciences *fisheries*  
science law  
chemistry  
climatology



# Supporting Teamwork in Team Science

C  
A  
R  
E

## COMMUNICATE

Create a cooperative environment, ensure role clarity, and develop a clear course of action for teamwork.

## ADAPT

Coordinate efforts in response to changing task demands, monitor team members' progress, and provide backup.

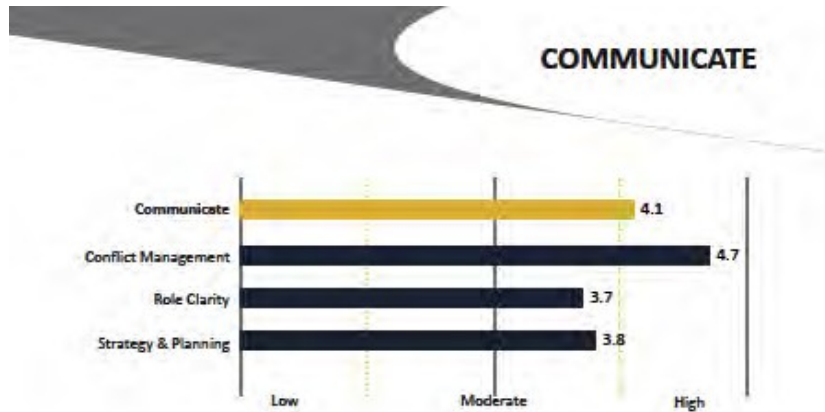
## RELATE

Reduce interpersonal conflicts and arguments regarding how to accomplish work. Focus on building trust and a safe place for sharing.

## EDUCATE

Learn from other team members, and provide each other with constructive feedback.

# Supporting Teamwork in Team Science



## Cooperative Conflict Management

Approaching conflict and incompatibilities such that win-win solutions are sought. Conflict is viewed as a chance to learn and make quality improvements, and members work through different viewpoints with mutual respect.

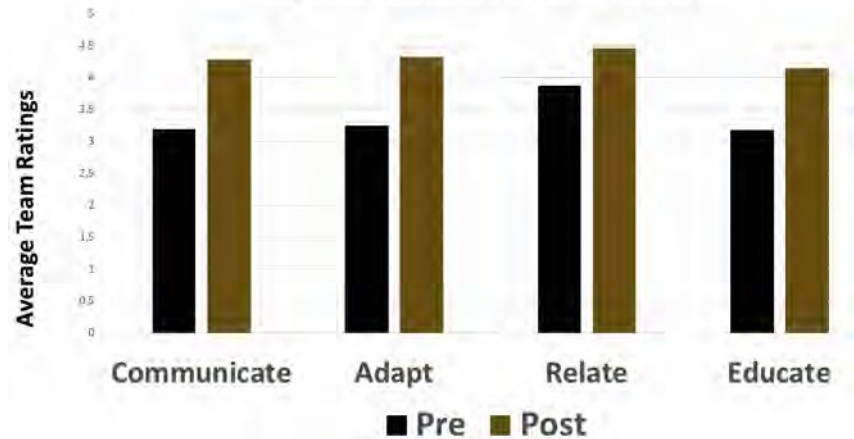
## Role Clarity

The existence of well-defined and understood roles within the team, demonstrated through the establishment and maintenance of clarity regarding responsibilities, goals, expectations, and relative authority of each role within the team.

## Strategy Formulation & Planning

Developing overall strategies that guide team efforts, including the sequencing of planned work elements, evaluation of processes, and formulation of contingency plans.

Subjective Assessment of Team Processes





# Team Reflection Prompts for Coaches

## Example: Knowledge, Skills and Abilities

### *Reflection Oriented Prompts*

- What did you do, or what did you see your teammates do, that you think helped them acquire new skills or knowledge to improve the team's performance?
- What kinds of questions did you ask, or hear your teammates ask, that helped you better understand teammate tasks or roles?

### *Future Oriented Prompts*

- To improve your collaboration competencies, how might you acquire new skills or knowledge to improve the team's performance?
- To improve your collaboration competencies, how could you learn about other teammates' tasks and roles?

# Select Observations

Developing a shared conceptual framework and knowledge integration takes time.

Visualization is effective for moving team towards shared understanding.

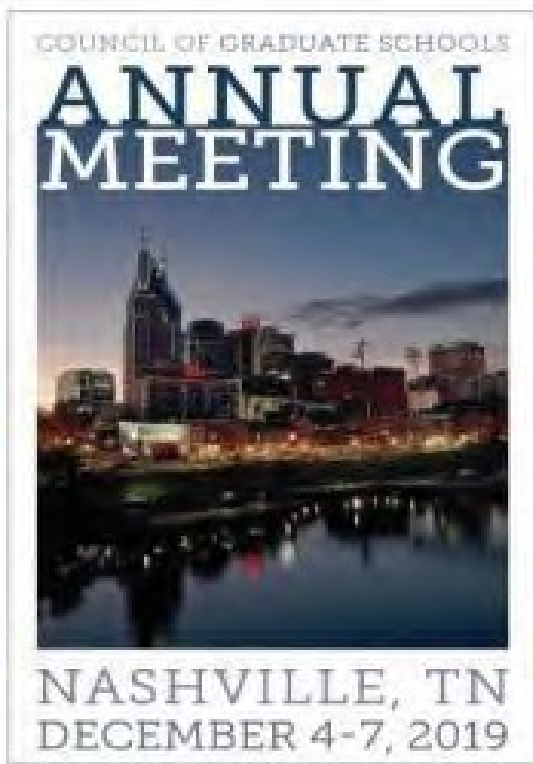
Self-reflective and team-reflective assignments and coaching encouraged team discussion.

Self assessments → increases in “transportable competencies”

Teams stayed focused during workshops and were remarkably engaged outside of the workshops - possibly linked to focus on an authentic resilience challenge.

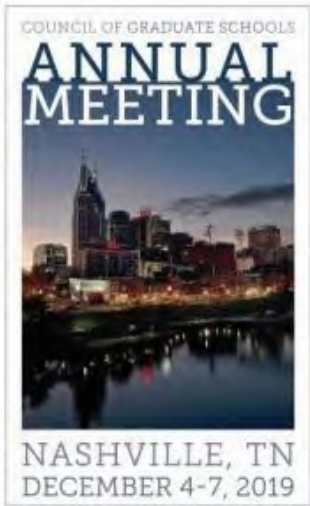
Teams were not necessarily good at navigating conflict – long discussions ensued, and some teams resorted to simplification of models when time became limiting.

A training framework for coaches (faculty, professional staff and others) would likely enhance the application of SciTS recommendations and best practices.



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2. There is so much work to be done within my field that it is important to focus my research efforts with others in my own discipline.						
3. While working on a research project within my discipline, I sometimes feel it is important to seek the perspective of other disciplines when trying to answer particular parts of my research question.						B
4. Although I rely primarily on knowledge from my primary field of interest, I usually work interactively with colleagues from other disciplines to address a research problem.						
5. In my own work, I typically incorporate perspectives from disciplinary orientations that are different from my own.						C
6. Although I was trained in a particular discipline, I devote much of my time to understanding other disciplines in order to inform my research.						

Please follow 1. I tend to work 2. The focus 3. Which is 4. Although 5. In orientations that are different from my own.

6. Although I was trained in a particular discipline, I devote much of my time to understanding other disciplines in order to inform my research.

Level of  
Interaction  
and  
Integration

Low



High



A

Multidisciplinary: shares insights & perspectives with other fields, collaboration may be additive, complementary, independent, sequential



B

Interdisciplinary: collaboration is more interactive, combined, integrated



C

Transdisciplinary: transcends disciplinary perspectives, develops new methodologic or conceptual frameworks



Ten people turned in their results. The number of people with the highest score in each category is shown to the right.

Level of Interaction and Integration

Low

High

UNIDISCIPLINARY: use of theories and methods from a single field



A

2

CROSS DISCIPLINARY: combines concepts & methods from multiple disciplines

1

A&B tie

Multidisciplinary: shares insights & perspectives with other fields, collaboration may be additive, complementary, independent, sequential



B

3

Interdisciplinary: collaboration is more interactive, combined, integrated

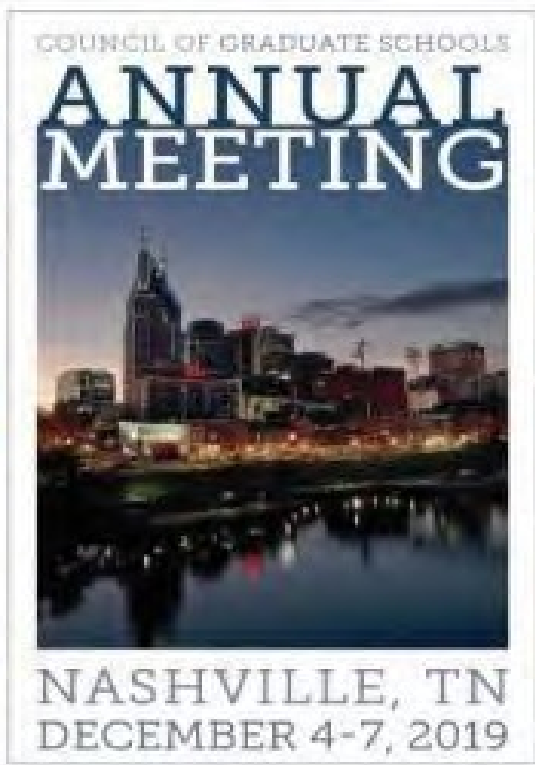


C

Transdisciplinary: transcends disciplinary perspectives, develops new methodologic or conceptual frameworks



4



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## Thank you for your participation!