Supporting graduate students in need: Examples from Virginia Tech

Karen P. DePauw, Ph.D. Vice President & Dean for Graduate Education Professor, Sociology and Human Nutrition, Foods & Exercise







CGS Annual Meeting, December 2019

VT Graduate Life Center









a space and place for graduate education

Tips for thriving in Grad School

Virginia Tech Vice President and Dean for Graduate Education Karen P. DePauw shares tips on how to thrive (not just survive) in graduate school.

by 🦉 Cathy Grimes 2 months ago 180 Views 🗸





GRADUATE SCHOOL







<u>Little Hokie™ Hangout:</u> <u>Cooperative Play</u> <u>Group</u>

Little Hokie™ Hangout is a parent-run cooperative playgroup for children between Babysitter Clearinghouse

The Graduate School's Babysitter Clearinghouse is a frequently updated list of qualified babysitters



Parent Support Group

Graduate students who are juggling family and their academic work meet monthly to discuss issues, connect with other parents, and



GSA LITTIE HOKIE-HANG-ME-Down

Little Hokie^M Hand-Me-Down





Work-life grants (GA, GTA, GRA)

- 6 weeks of paid "leave" modified duties
- shared between Graduate School and College
- birth, adoption, significant life crisis



The Office of the Ombudsperson

Confidential 🔶 Informal 🔶 Impartial

Independent 🔶 Voluntary





Wellness Room Offerings Mindful Mondays:

Offered by Hokie Wellness from 11:30 a.m. -12:00 p.m.

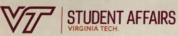
Yoga Wednesdays:

Offered by Rec Sports from

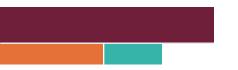
11:30 a.m. -12:15 p.m.

How of Happiness Fridays:

Register Online: recsports.vt.edu 11:30 a.m. -12:30 p.m. September 13-November 8







Thanks

